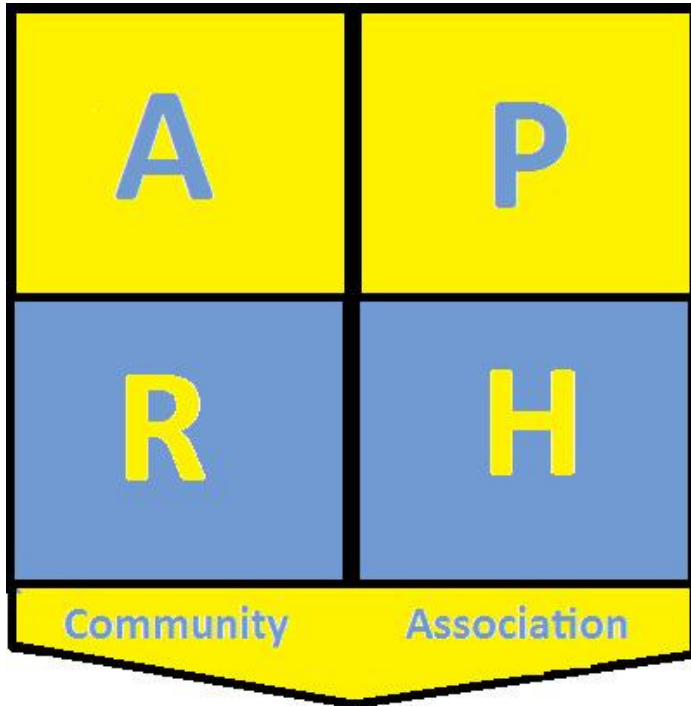


Albert Park Radisson Heights Community Association Newsletter

January 2012

Content submitted to Great News Publishing. By Heather Whelan APRH newsletter director

Item 1) List of CA members and CA details and CA membership form. Same as December 2011, I have included our logo below, please use it if possible



Item 2) Events

These are typically ongoing monthly events (though some are seasonal) which would be updated each month.

Jelly Bean Dance:

(Community Hall)

Friday, January 6th

Time: 6:30 to 8:30pm ages 12 and under.

Price: \$3.50 for members and \$5.00 for non-members.

Children under 2 are free.

Dance, contests, prizes and more! Bring proof of membership. Children must be signed in and out by parents. Parents also welcome to stay free of charge. Canteen open: French Fries, Onion Rings, Chicken Nuggets, Tater Tots, Burgers and Hotdogs.

Free Seniors Breakfast

(Community Hall)

Thursday, January 19th, 2011

Time: 9:00 to 11:00am
Price: Free!

Calgary Horticultural Society Event: Seeds for the Seasons
January 20th 7pm at the Community Hall

Darts: (Lounge)

Every Monday
Time: 7:00 pm – till close
Come down and join a league or just play for fun. Beginners welcome.

Free Movie Night: (Community Hall)

Friday, January 20th, 2011
Start Time: 7:00pm
Doors/Concession Open: 6:30pm
A great way to meet other families in the community, come down bring your favourite blanket or teddy to snuggle up with. No outside food allowed. Special prize draw for members. See you there!

Lounge:

(Community Hall)

Friday Nights
Time: 7:00pm till close
Jam nights.

Clothing Giveaway at the Hall

January 21st 9am-1pm at the Community Hall

Community Association board meeting

January 25th at 7PM, all members and residents welcomed and encouraged to attend.



Good Food Box

The Good Food Box | Mission

The Good Food Box makes top-quality, fresh food available in a way that does not stigmatize people, fosters community development and promotes healthy eating.

What is the Good Food Box?

Comment: Edit this Good food box description as necessary

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry. The boxes are put together and delivered by dedicated volunteers who along with The Community Kitchen desire to see individuals and families accessing affordable nutritious food.

There are 3 boxes:

Small box- \$15, 20-25 lbs of vegetables and fruits

Medium box- \$20, 30-35lbs of vegetables and fruits

Large box- \$25, 40-45lbs of vegetables and fruits

Good Food Box

Order January 10th for pick up on the 20th For Albert Park Radisson Heights, contact the office for details.

Item 3) Message from the community association board

On behalf of the Albert Park Radisson Heights Community Association we would like to wish everyone a very happy new year. We look forward to another year of serving our members and residents and we hope that we can continue create events and improve the community for the enjoyment of everyone who lives here.

We hope everyone enjoyed the New Year's Eve Bash at the Community Hall and we would like to thank Marlene and Kelly for organizing this event and to DJ Mike Styles for providing the entertainment.

A big thank you to Dorothy for organizing the Annual Christmas Craft & Bake Sale held at the Community Hall Saturday November 26th. It was a huge success! The weather cooperated with us and helped bring in Christmas shoppers to view and buy from our 25 tables, each vendor had an assortment of homemade crafts and baked goods. Thanks to everyone who participated. Also a food Box was set at the door for non-perishable food donations which were given to the food bank.

To give back to our members and provide some much needed winter relief we will be planning a family day celebration at the Skate Shack in February, so stay tuned to next month's newsletters for details.

In the coming months we will be focusing on different topics in the newsletter from memories of the community from some of our long residing residents to cycling culture in the community. If you have stories, recollections or ideas for content to share please contact our newsletter director Heather via email (heather.whelan@gmail.com).

Item 4) Snow routes and snow removal, updated information from the city of Calgary
SEE ATTACHED PDF DCOUMENT AND REPRINT

Item 5) Albert Park Centennial Garden (Community Garden) Priority please see attached JPG image & see if you can work it into the article

By Algernon Wilson and Mark Zaugg

It's a brand new year so how about trying something new? Did you know we are starting off our first full community garden season at the Albert Park Centennial Garden? We would like to invite you to check out the Garden site this year and become involved. If you haven't visited yet, we are located at 2636 12th Ave SE next to the skating rink. If you are a veteran gardener or brand new we would like to see you out. There is a great group of people involved in the APCG and all are willing to share a bit of gardening knowledge or are interested in trying something new.

We have a new website that was just launched apcg.webs.com which shows the evolution of the garden from soggy field to a beautiful Community Garden. We will have updates and information throughout the year shown on the website, in this newsletter and on the 12 Ave Fiskars APCG sign at the Community Garden.

This year we will be focusing on involving the community and getting to know our neighbours (both at the garden and in the community) as well as helping the Forest Lawn Library Community Garden get up and running!

Stay tuned in the coming months for information on gardening and events that the gardeners will be hosting such as the Calgary Horticulture Society Event; **"Seeds for the Season" at the APRH Hall on Jan 20 (7PM, info at Calhort.org).**

Have a question or want more information? Contact Algernon Wilson, APRH Community Garden Director at aprhgarden@gmail.com.

COMPOSTING UPDATE

The Albert Park Centennial Garden is quiet for the winter, but we will continue to compost year round. We started our compost late in the year and can use help from community members right now. Our compost needs the addition of green kitchen scraps to stay active through the winter and generate the warmth it needs to decompose.

If you're willing to deliver your scraps to the composters, the best thing to do is to put a layer of paper towel in the bottom of a bucket with a lid. Add any of your appropriate kitchen waste to the bucket and when you take it to the garden simply dump the bucket (paper towel and all) onto the top of the pile. I've usually been turning the pile on weekends when I've added my own waste. We are an organic garden, so a good rule of thumb is to add only scraps from fruits and vegetables you ate. Primarily I'm hoping for fruit peels and cores, vegetable scraps, coffee grounds (including paper filters), tea bags or egg shells. Please, absolutely no meats, fats or dairy - our composters cannot break them down.

If the composters are full, call me or email mzaugg@shaw.ca and I will turn the compost on a daily basis.

Thanks!

[Item 6\) Ten Reasons to Join your Community Association](#)

This list is adapted from the Federation of Calgary Communities, edited by Heather Whelan

Your Albert Park Radisson Heights Community Association is a group of volunteers who are committed to making our community a great place to live for residents of all ages. We provide a voice for residents on various issues such as but not limited to: new developments; traffic; educational and recreational programs; services and support programs. We are here to serve our members and our residents, in short we are here to serve you, yes YOU the one holding this newsletter.

You can be part of this dynamic and important community association in three important ways

- Join in the events, the success of our events help us plan future events and let's face it makes us happy ☺
- Become a member, your dues are used to fund many of our programs.
- Become a volunteer, those who can, do. Those who can do more volunteer. This newsletter is too short to sing all the praises of volunteering but it makes all the difference and enriches the lives of not only the residents of the community but the volunteers as well. There are so many aspects and facets for all backgrounds, all interests that we can find a place for you! Call the office or come to one of our board meeting to inquire.

TEN GOOD REASONS TO JOIN YOUR COMMUNITY ASSOCIATION

1. Programs and Services for all Ages – Preschoolers to Seniors

Our Community Association offers programs directly, for example Jelly Bean Dance and Seniors Breakfast. We also provide support to other organizations offering programs; the Good Food Box is one example. We have partnered with the City of Calgary to offer such programs as Park n Play and Youth Drop-in programs.

2. Sports

We have offered organized sport opportunity for children and youth such as baseball. We also maintain the skating rink at the Skate Shack in the winter for the enjoyment of our residents.

3. Community Safety

Block Watch, program, currently operated by the greater Forrest Lawn Block Watch, if you are interested in participating in a Block Watch specific to our Community, we want to hear from you!.

4. Special Events

We organize special events throughout the year, from our Stampede Breakfast to family events at the skate shack and craft and bake sales at the hall and much more. These events are great for meeting neighbours and connecting with old and yet-to-be-discovered friends in the community.

5. Awareness and Responsive to Planning and Development Issues

Our community association makes every effort to keep track of development and planning proposals in the areas such as transportation, roads, park and playground development, and traffic issues. The City of Calgary often consults with our community association on these issues.

6. Community Newsletter

The goal of our community newsletter is to reach out to all our residents and bring you important information of what is happening in our community.

7. Facility Operations and Rentals

We have two facilities, the main hall and the skate shack, available for programs, meetings, social and private functions.

8. Representing the Community on Regional Committees and Initiatives

Community association designates represent the community on regional issues of interest such as major parks, major infrastructure projects in the area or social issues.

9. Membership does have its benefits. Most events offered in the community offer discounts on registration to community members

10. Improving the Quality of Life

Community associations are created by individuals who want to improve the quality of life for themselves and others in the community. Share a feeling of community pride – become a community association and volunteer!

[Item 7\) Message from Alderman Andre Chabot](#)



Report from Alderman Chabot

The holiday season is now behind us and I hope that you and your family had a safe and enjoyable holiday season.

Congratulations to Albert Park and Radisson Heights on the publication of their new newsletter! A lot of hard work and time on the part of the volunteers of your local community association goes into producing this newsletter and I hope that you enjoy it.

Winter is now in full force, and at the time of publication, the City's Roads department is rolling out their new Snow and Ice Control Policy for the 2011-12 season. The new policy puts parking restrictions on Priority 1 and 2 routes to enable the Roads crews to clear roads quicker and more efficiently without blocking in vehicles. In turn, crews can get to Priority 3 and 4's sooner.

If you have any concerns or run into any problems with the parking ban on snow routes, call 3-1-1 to inform them as the Roads department is tracking all of the concerns in order to make improvements to the program if need be.

At the end of November Council debated a challenging budget for 2012-2014. The City was already facing a deficiency in revenue of \$45million per year that Council had to address before they could deal with factoring in growth and inflation. The deficiency was due to lower than expected franchise fees due to lower consumption of natural gas and electricity that energy providers pay to the City to use their utility right of ways as well lower water consumption.

To keep the tax increase down, I tried a last minute attempt to reallocate the \$42 million that Council took from the education portion of the property tax that the Province decided not to take and put it back into the operating budget to reduce the tax increase. However, the majority of Council did not agree and the motion was voted down.

Some cost saving measures that I have introduced in the past are having the Roads and Parks Departments share staff in their slow seasons. This saves the City money on having to pay for overtime. Another initiative I proposed through a Notice of Motion was to have the Roads department establish a reserve in winters with little snow fall, which would be used in winters where there is a surplus of snow. This initiative is being implemented starting this year.

To Contact the Ward 10 Office:

Phone: 403.268.2430

Email: ward10@gmail.com

Website: ward10calgary.com

Item 8) News from Holy Family Elementary school (next month I will try to have updates from all the schools)



Dabbling in Confectionary Arts

Different people around the world express themselves in unique ways, be it through the written word, music, stories or dance. The grade 5H students of Holy Family school decided to embark on an unusual form of self expression with the creation of their own pumpkin patches this Halloween. They used almond

paste to create their wonders. The children took their finished products home for an interesting after dinner Halloween treat.

By: Grade 5 H Language Arts Class.

[Item 9\) Cats in the Cold by City of Calgary Animal and Bylaw Services also see ATTACHED PDF](#)



Feline Winter Woes

As the weather turns colder, we are less likely to want to be outside for extended periods of time. The same can be said for our pets. It seems unfair however, that cats are often treated differently than our canine companions. Dogs are brought in the house or put in a heated garage and provided with beds and blankets to keep them warm. But cats are often thought to be fine when left outside in the frigid weather. Simply put, they aren't.

Although some may believe that cats are meant to wander and hunt, this is not the case. They are domesticated animals who need our care. Their built-in coats are not enough when the temperature goes below freezing.

Visit any animal shelter during the winter and you will invariably see cats who are suffering from frostbite, especially in their extremities. Cats left outside often lose the tops of their ears because they've been frozen so badly. If their ears, noses and toes are being frozen, you know they are feeling the cold everywhere else.

Responsible cat owners and guardians understand the value of their pets to their families, their well-being and to society and treat them accordingly.

But we all know that even when we are diligent about protecting our pets and keeping them inside, cats escape and get out of doors or windows every day in our city. They are curious creatures after all. Unfortunately, they may not always find their way back home.

We can all help to protect our own feline family members by providing licences and permanent identification. This helps to ensure that if they do get out, they can be returned safe and sound. Identification shows others that your cat indeed has an owner and makes it easy to identify and contact you.

This winter, we can all help to change the plight of our city's cats. If you see a cat wandering in your neighbourhood, you can check to see if he has identification. If you have the cat in your possession and he is wearing a licence, call 3-1-1 to have an officer come to pick up the cat. In absence of a licence, you can take the cat to the Calgary Humane Society or a vet clinic. You can also bring the cat to the Animal Services Centre if it is during regular business hours.

Pets in Vehicles

Under the Responsible Pet Ownership Bylaw (23M2006), pet owners are permitted to leave pets inside their vehicles. However, it becomes unlawful to do so if weather conditions jeopardize an animal's safety. A pet left in a vehicle during cold weather can suffer from frostbite, hypothermia or potentially freeze to death. In hot weather, the internal temperature of a vehicle rises dramatically and pets, if left too long, can suffer immensely and potentially die from the heat. Animal & Bylaw Services recommends that pets be left safely at home.